

# ***Father English Center Food Pantry***

***Just one*** box, bag or can of food ***from each family*** in our parish ***each week*** will go a long way in keeping the shelves stocked.

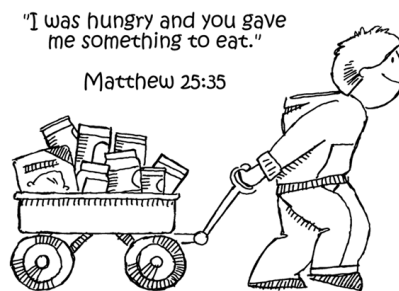
cooking oil  
oatmeal  
cereal  
pancake mix  
pancake syrup  
sweet potatoes (canned)  
white potatoes (canned)  
flour  
sugar  
peanut butter  
potato flakes (boxed)  
canned vegetables  
black beans  
red beans  
rice  
coffee  
tea  
sugar  
cookies  
apple sauce  
canned fruit  
salad dressing

mustard and ketchup  
mayonnaise  
cranberry juice  
apple juice  
canned meat  
noodles  
pudding  
Jello  
canned soup  
tuna fish  
salmon  
beef stew (canned)  
jam and jelly  
powdered milk  
brownie mix  
hash (canned)  
pasta  
pasta sauce  
baby formula  
baby food (jarred)  
baby cereal  
diapers—all sizes

At certain times of the year, the demand for some items in the Father English Food Pantry is higher than others. We have a program to collect “Items of the Month”. Please donate one food item of the month and one non-essential food item.

**Please note: diapers, baby formula, and baby food are needed year round**

January—Soup/Canned Vegetables  
February—Rice  
March—Pancake Mix/Syrup  
April—Cereal  
May—Dried Beans  
June—Canned Meat  
July—Cooking Oil  
August—Canned Tuna  
September—Rice  
October—Cooking Oil  
November—Beans  
December—Pasta/Sauce



Items may be dropped off at the west entrance of the church.